



Discovering Joy: *"Understanding The Joy We All Need (pt.2)"* **Pastors Lucas Ashley**
Sunday, November 9, 2025

Introduction

Joy is more than a fleeting emotion—it's a deep, spiritual response to the presence and work of God in our lives. As Pastor Luc shared, *"Christian joy is a good feeling in the soul, produced by the Holy Spirit, and expressed through our life, as He causes us to see the beauty of Christ in and around the world."* This week, we'll explore how joy flows from a **God-focused perspective**, how it is **expressed through worship**, and how it **sustains us through perseverance**.

A God-Focused Perspective (Psalm 63:1–8)

"When we can see God's presence in every situation, we can believe in God's sovereignty over every situation."

Discussion Questions:

1. What does it mean to have a “God-focused perspective” in your daily life?
2. David found joy in God’s *presence, provision, and protection*. Which of these is hardest for you to recognize in tough times, and why?
3. Think about a recent challenge you faced—how might your joy have grown if your focus had shifted from the problem to the presence of God?
4. How does trusting in God’s sovereignty (Romans 8:28) change the way we interpret our circumstances?

Joy Expressed Through Worship

“Worship is both a product of joy and an outpouring of joy.”

Discussion Questions:

1. What are some practical ways you express joy in worship—beyond singing on Sunday?
2. Pastor Luc said, *"There's something powerful about saying it out loud."* Why do spoken words of praise or gratitude matter—to God, to others, and to yourself?
3. How might acts of love, kindness, or service become "acts of worship" in your life this week?
4. What's one way you could make joy more visible in your relationships or workplace?

Joy That Perseveres

"The joy of the Lord within us produces an ability to persevere through difficult seasons."

Discussion Questions:

1. How does joy help you endure when life feels heavy or uncertain?

2. Hebrews 12:2 tells us Jesus endured the cross *"because of the joy awaiting Him."* What does this teach us about the relationship between joy and perseverance?

3. When have you seen someone's joy inspire perseverance in others? 4. What can you do this week to cultivate joy—not just when things are good, but in the middle of hardship?

This week Pastor Luc lead us in a community prayer. Take some time to pray this prayer over your life this week.

Closing Prayer

"God, you are the source of all joy in my life.

Thank you for the power of your presence and the fulfillment of your promises. Help me see you moving in every situation, and let my life overflow with the joy that honors you."